

**support**  
 students across NC

- dialogue with students about your career experiences via online discussion boards
- help students learn to communicate electronically in a professional manner
- double as a Graduation Project mentor for students statewide

**connect**  
 with our future workforce

- provide insight and encouragement to students interested in your field
- promote workforce-readiness skills and business acumen
- offer information about your company and industry
- share available work-based learning opportunities

**volunteer**  
 from your computer

- virtual format provides flexibility to answer questions anytime, anyplace
- impact a student's future in as little as 10-15 min/week
- email notification to log in and answer new questions
- sign up at [www.f4k.org](http://www.f4k.org) and click on "Get Involved" to be a Career Coach

"I really love this program, it has given me lots of advice in order to pursue my dreams. Thank You!!!"  
 —Marie, 9th grader

**Life is what you make it. Start here.** [www.f4k.org](http://www.f4k.org) • 800-965-8541 • [info@f4k.org](mailto:info@f4k.org)

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